

At the Farm Store...

Following Effective 01 July 2015

Beef Prices*

Product	Ground Beef	Price/lb
<i>Grain Finished Angus Cross</i> Ground Beef ~ 1-lb pkg.....		\$8.99
<i>Grain Finished Angus Cross</i> Ground Beef 5-lb pkg.....		\$8.79
<i>Grain Finished Angus Cross</i> Ground Beef 10-lb pkg.....		\$8.59
<i>Grain Finished Angus Cross</i> Patties (4-pk, ~ 1.5lbs).....		\$10.29
<i>Grain Finished Angus Cross</i> Patties (48pk-4oz 12lb case).....		\$95.00
<i>Grain Finished Angus Cross</i> Patties (32pk-6oz 12lb case).....		\$95.00
<i>Grass Finished Angus Cross</i> Ground Beef ~ 1-lb pkg.....		\$8.99
<i>Grass Finished Angus Cross</i> Ground Beef 5 or more pkgs.....		\$8.79
<i>Grass Finished Angus Cross</i> Ground Beef 10 or more pkgs.....		\$8.59
<i>Grass Finished Angus Cross</i> Patties (4-pk, ~ 1.5lbs).....		\$10.29
<i>Grass Finished Angus Cross</i> Patties (32pk-6oz 12lb case).....		\$95.00
<i>Scottish Highlander</i> Ground Beef ~ 1-lb pkg.....		\$9.99
<i>Scottish Highlander</i> Ground Beef 5 or more pkgs.....		\$9.79
<i>Scottish Highlander</i> Ground Beef 10 or more pkgs.....		\$9.59
<i>Scottish Highlander</i> Hamburger Patties (4-pk, ~ 1lb or 1.5 lbs).....		\$10.99
<i>Grass Finished Beef /Local</i> Pork Mix 1-lb pkg.....		\$11.99
<i>Grass Finished Beef /Local</i> Cracked Pepper Stick 4 pk.....		\$5.95
<i>Grass Finished Beef /Local</i> Chipotle Stick 4 pk.....		\$5.95
<i>Grass Finished Beef /Local</i> Summer Sausage 6oz.....		\$7.95
<i>Grass Finished</i> Seasoned Beef 1-lb pkg.....		\$9.99

Cuts of Beef*

SH Grass Fed GS/GN ANGUS

Bottom Round Roast.....	...Slow, Moist heat.....	\$8.99	\$7.99
Brisket.....Braise.....	\$10.79	\$9.79
Cheeks (by Special Order).....	...Slow, Moist heat....	\$7.99	\$6.99
Chuck Roast.....	...Slow, Moist heat....	\$10.29	\$9.29
Chuck Steaks.....Marinate.....	\$10.79	\$9.79
Chuck Eye Steak (by Special Order).....	..Grill, Pan fry, Broil.....	\$11.29	\$10.29
Chuck Top Blade Stk/Flat Iron.....Marinate.....	\$11.49	\$10.49
Eye of Round Roast.....	...Slow, Moist heat....	\$11.19	\$10.19
Flank Steak.....Marinate.....	\$14.79	\$13.79
Flap Steak Butt.....Marinate.....	\$14.79	\$13.79
Hanging Tender.....	..Grill, Pan fry, Broil.....	\$12.99	\$11.99
Kabob Meat - beef.....Marinate.....	\$11.99	\$10.99
Loin Strip Roast.....	..Grill, Pan fry, Broil.....	\$23.99	\$22.99
Loin Strip Steak.....	..Grill, Pan fry, Broil.....	\$24.49	\$23.49
London Broil Steaks.....Marinate.....	\$9.99	\$8.99
Minute Steak.....Marinate.....	\$9.79	\$8.79

Pg 2

* All pricing includes the cost of packaging.

Retail cuts are available at these easily accessible locations:

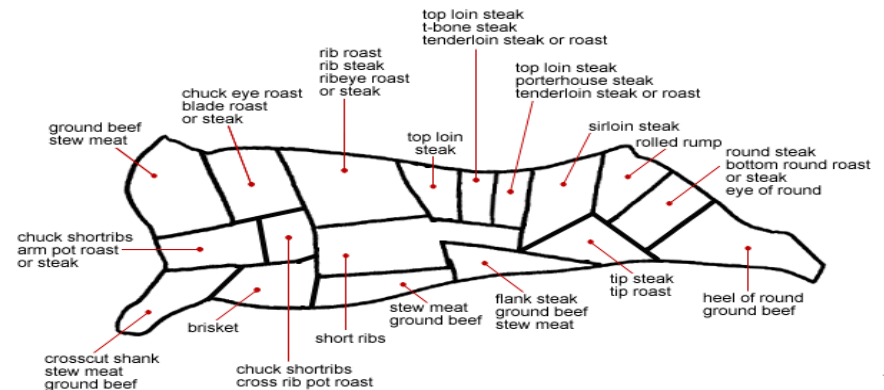
A-Market Natural Foods, 125 Loring Street, Manchester, NH, 603-668-8445
Canterbury Country Store 3 Center Road, Canterbury, NH 03224. 603-783-9933
Catamount Farm, provides Home Delivery, Chichester, NH 03258 603.4NH.MILK
Chichester Country Store, 257 Main Street, Chichester, NH 03258 603.435.7415
Cobble Pond Farms, Canterbury, NH
Concord Food Co-op, 24 S. Main Street, Concord, NH 603.225.6840
Emery Farm, Route 4, Durham, NH
Evergrain Natural Foods, Wolfeboro, NH
The Farm at Eastman's Corner, Kensington, NH 603-347-1909
Green Meadows Farm, 656 Asbury St, Hamilton, MA 978-468-2277
Hannaford's Supermarkets

Bedford, Jenkins Road
Concord, Fort Eddy Plaza
Dover, Central Ave
Durham, Formerly Durham Marketplace
Exeter, Portsmouth Ave
Franklin, Central Street
Londonderry, Hampton Drive
Rochester, N Main St

The Healthy Buffalo, 258 Dover Road, Chichester, NH 603-369-3611
Johnson's Marketplace, Rt 11, New Durham, NH 603-859-7103
Keepin' It Local, Northwood, NH
Natural Roots and Remedies, Gilford, NH 603-293-0600
Peavey Hill Feeds, 188 Main Street, Farmington, NH 603-839-1009

The following establishments feature us on their menus:

Applecrest Farm Bistro, 133 Exeter Rd, Hampton Falls, NH 603-926-0006
Flatbread Pizza, Portsmouth, NH
Flying Goose Brew Pub & Grille New London, NH
Franklin Regional Hospital, Franklin, NH
Huggins Hospital, Wolfeboro, NH
The Grappone Center, Concord, NH
Lakes Region General Hospital, Laconia, NH



Pg 7

Solar Farm Store Directions

56 Whitehouse Rd Loudon, NH
603-783-5159

Directions: *Route 106 north, take left after Shaker Road, onto Beck Rd. Follow for approximately 1 mile. Stay right at the split, continue up the hill. You're here! Enjoy the view!*

Solar Farm Store Hours

Sunday	CLOSED
Monday	CLOSED
Tuesday	CLOSED
Wednesday	10am – 6pm
Thursday	2pm – 6pm
Friday <i>(Sept thru May)</i> <i>(June, July & August)</i>	2pm – 6pm 10am – 6pm
Saturday	10am – 6pm
Holidays	CLOSED

And By Appointment

Please call 603-783-5159

Also find us at the following Farmers' Markets

<p><u>Concord Farmers' Market</u> May thru October</p> <p><i>Saturday's</i> <i>8:30am – Noon</i> <i>Downtown Concord</i></p> <p>nhfma.org</p>	<p><u>Winter Farmers' Market</u> <u>at Cole Gardens</u> November thru mid-April</p> <p><i>Saturday's</i> <i>10am-2pm</i></p> <p>concordwintermarket.com</p>
---	---

Miles Smith Farm Mission:

Creating and sustaining community is a mission shared by Miles Smith Farm employees, farm friends and customers alike. We are each the Farm and all that it embodies -- a natural, kind and inviting environment, a shared sense of responsibility and a happy life. Through collaboration, we can enhance the lives of all.

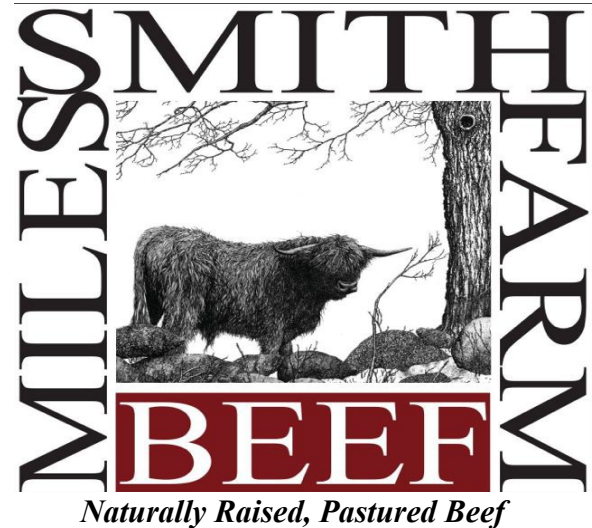
STAY IN THE 'MOO'... JOIN OUR EMAIL LIST!

Text To: 42828, Message "MOO".

After reply enter your email address. Simple!

Pg 8

Price List



Try our
Beef/Pork Products



#Moove2Local

– Buy Local!

ORDER YOUR SIDE OF BEEF NOW & SAVE!

Pg 1

Miles Smith Farm

BULK BEEF PACKAGES

Beef Farm Share

Weekly MealShare (beef, produce, bakery, herbs, recipes)	
6 weeks (18+ meals) runs year round	\$200.00
8lb Grass Fed Beef Monthly Share (3+ months)	\$79/mo
10lb Grass Fed Beef Monthly Share (3+ months)	\$95/mo
12lb Grass Fed Beef Monthly Share (3+ months)	\$125/mo
20lb Grass Fed Beef Package (3+ months)	\$183/mo

Pork Farm Share

Weekly MealShare (pork, produce, bakery, herbs, recipes)	
6 weeks (18+ meals) runs year round	\$175.00
8lb Pastured Pork Monthly Share (3+ months)	\$80/mo
12lb Pastured Pork Monthly Share (3+ months)	\$115/mo

Lamb FarmShare

8lb Local lamb Monthly Share	\$98/mo
------------------------------	----------------

FarmShare members receive a 10% discount on other purchases in the farm store on pick up days.

Basic Packages

12lb Box of 6oz Beef Patties	\$95/bx
10lb Grillers Package (16 Burgers, 16 Hotdogs, Kielbasa)	\$95/bx
10lb Mixed Box o' Bones (Beef, Lamb, Pork)	\$29.99/bx
Poochy Pouch (3lb liver, heart, 1.5lb tongue, 2lbs bones)	\$19.99/bx

Quarter Grass Fed Beef Package

Mix of steaks, roasts and ground beef. 125 lbs **\$1,124.00**

Please ask at our store for a detailed listing of beef included in package.

One week notice needed for filling orders.

Sides of Beef, Pork and Lamb

Based on hanging weight. 2-4 weeks for filling orders.

Grass Fed/Finished or Grain Finished Angus.....	\$5.99/lb
Scottish Highlander Beef.....	\$6.99/lb
Pastured, Heritage Pork.....	\$5.49/lb
Lamb.....	\$9.99/lb

Pork - Price/lb

	Traditional	Heritage
Bacon - smoked, per pkg.....	\$10.99	\$10.99
Ground Pork.....	\$5.99	\$9.60
Ham Roast - fresh, boneless.....	\$9.79	\$11.79
Ham Roast- fresh, (bone-in) <i>Pork roast</i>	\$8.99	\$10.79
Ham - smoked, (bone-in).....	\$9.99	\$13.99
Ham Steaks, smoked.....	\$9.99	n/a
Hock, Shank.....	\$6.99	\$8.29
Loin Roast, <i>Center Cut</i>	\$9.79	\$12.99
Loin Roast, <i>Sirloin</i>	n/a	\$13.99
Pork Chops (bone in) <i>Butt Chops</i>	\$8.49	\$11.99
Pork Chops (boneless) <i>Sirloin Cutlets, Loin Chops</i> ...	\$9.89	\$13.80
Ribs - Country Style.....	\$7.99	\$11.99
Ribs - Pork Back.....	\$8.79	\$9.99
Ribs - Spare.....	\$7.59	\$8.99
Rib Roast - Center cut (<i>by Special Order</i>).....	\$9.29	\$10.29
Sausage (no casing).....	\$6.99	\$9.99
Shoulder Butt Steaks.....	\$8.29	\$10.29
Shoulder Butt Roast (boneless), <i>Picnic</i>	\$8.59	\$11.59
Tenderloin	\$13.99	\$19.99
Pig Feet, Ears, Tail, Head.....	\$1.99	\$2.99
Pork Heart, Liver, Tongue.....	N/A	\$3.99
Pork Bones or Back Fat.....	\$2.29	\$3.29
Pork Leaf Lard.....	\$2.59	\$3.99
SIDE OF PORK (Hanging Weight).....	\$3.99	\$4.99

Lamb as available...

	Price/lb
Chops - Loin.....	\$21.95
Chops - Rib.....	\$20.95
Chops - Shoulder.....	\$14.95
Ground Lamb.....	\$11.95
Kabob Meat (<i>from the leg</i>).....	\$18.95
Leg of Lamb (bone in).....	\$13.60
Leg of Lamb (boneless).....	\$17.95
Leg Steak (bone-in).....	\$13.95
Rack of Lamb (<i>by Special Order</i>).....	\$20.95
Sausage - Greek or Chorizo.....	\$14.50
Shanks.....	\$10.95
Shoulder Roast - Boneless.....	\$14.95
Sirloin Roast.....	\$19.95
Stew Meat.....	\$13.95
Lamb Liver (<i>by Special Order</i>).....	\$4.95
Lamb Kidneys (<i>by Special Order</i>).....	\$4.95
Lamb Hearts (<i>by Special Order</i>).....	\$4.95
Lamb Bones.....	\$4.50
Whole Lamb (for cuts by hanging weight).....	\$9.99

More products con't.....

Rabbit

Whole Rabbit.....\$9.00/lb

Whole Chicken, Duck

Cornish/Rock Cross Chicken (Pastured/Organic feed).....\$5.49/lb

Duck (Muscovy - Roasting). when available.....\$14.00/lb

Duck (Stewing) when available.....\$8.00/lb

Free Range & Pastured Eggs

Chicken Eggs Large \$4.50dz
Sm/Med \$3.50 dz

Duck/Turkey Eggs (Seasonal).....\$7.00 dz

Goose Eggs (Seasonal).....\$1.00 each

Huckins Farm Dairy

½ Gallon Raw Milk (includes \$2.50 bottle deposit).....\$8.50

Qt Raw Milk (includes a \$1.50 bottle deposit).....\$4.50

Raw Cream, pint (includes \$1.50 bottle deposit).....\$7.50

Kefir, quart\$9.60

Yogurt, quart (includes \$1.50 bottle deposit)....Plain & Maple.....\$8.00-\$8.50

And many other locally made products:

- Produce- seasonal,
- Maple Syrup,
- Raw Honey,
- Sauces and Seasoning Mixes,
- Cheese, Butter,
- Baked Goods,
- Art work,
- ... and much more!

Stop by to visit and enjoy the farm.



School to Farm Tours

We offer School to Farm tours to New Hampshire Schools.

MEET A COW!

Ask us for more information or check our website!

www.milessmithfarm.com

Non-Food Items Miles Smith Farm

Apron.....\$15.00

Canvas Bag.....\$10.00

T-shirts, Short Sleeved.....\$15.00

T-shirts, Long Sleeved.....\$20.00

Hats.....\$15.00

Bird Suet Cakes and Ready-to-Make Kits.....\$3.50-\$6.00

Tallow Bar Soap.....\$4.00

Lip Balm.....\$2.50

Laundry Soap.....

\$8.00

Beef*, continued...

	SH Grass Fed	GS/GN Angus
Porterhouse Steak.....Grill, Pan fry, Broil.....	\$23.99	\$22.99
Rib Roast - boneless.....Oven Roast.....	\$23.99	\$22.99
Rib Roast w/bone.....Oven Roast.....	\$20.99	\$19.99
Ribeye Steak - Delmonico.....Grill, Pan fry, Broil.....	\$24.99	\$23.99
Short Ribs w/ bone.....Braise.....	\$9.69	\$8.69
Shoulder Clod Roast.....Slow, Moist heat.....	\$9.29	\$8.29
Sirloin Roast.....Oven Roast.....	\$17.99	\$16.99
Sirloin Steak.....Grill, Pan fry, Broil.....	\$18.29	\$17.29
Sirloin Tip Roast.....Slow, Moist heat.....	\$10.49	\$9.49
Skirt Steak.....Marinate.....	\$10.79	\$9.79
Steak tips.....Marinate.....	\$13.99	\$12.99
Stew beefSlow, Moist heat.....	\$9.79	\$8.79
Stew beef 10 lb (by special order).....Slow, Moist heat.....	\$9.49	\$8.49
T-bone steaks.....Grill, Pan fry, Broil.....	\$20.49	\$19.99
Tenderloin Roast.....Oven Roast.....	\$26.99	\$25.99
Tenderloin Steak.....Grill, Pan fry, Broil.....	\$26.49	\$25.99
Teres Major Steak (by special order).....Slow, Moist heat.....	\$14.99	\$13.99
Top Round Roast.....Slow, Moist heat.....	\$10.89	\$9.89
Top Round Steaks.....Marinate.....	\$10.39	\$9.39
Tri-TipMarinate.....	\$14.79	\$13.79

Other Beef Products

Bologna (Grass fed all beef only).....	\$11.99	\$11.99
Cross Cut Shank bones w/meat.....	\$7.39	\$6.39
Heart - beef.....	\$5.29	\$4.29
Hot Dogs (Grass fed all beef only).....	\$11.99	\$11.99
Kielbasa (Grass fed all beef only).....	\$11.99	\$11.99
Liver/Kidney - beef	\$5.29	\$4.29
Marrow Bones - dog bones.....	\$4.59	\$3.59
Oxtail - beef	\$7.99	\$6.99
Soup Bones -knuckle bones.....	\$4.59	\$3.59
Suet.....	\$4.29	\$3.29
Tongue - beef.....	\$5.29	\$4.29

SIDE OF BEEF

Halves/Angus/Grass fed & finished.....	\$5.99
Halves/Angus/Grain finished.....	\$5.99
Halves/Highlander/Grass fed & finished.....	\$6.99

Sides of Beef are subject to availability. Available year round. Priced by hanging weight. Beef is cut to your specifications. We will help with the cut list. Does include organs, bones.

Prices are subject to change. Fresh, unfrozen not always available.

Availability of quantities and cuts are limited to supply.

Please see most updated price list.